

Van Go serves up free meals for MLK Day



photo by: Chad Lawhorn

Martina Ita, an intern at Van Go Inc., hands out a free pasta lunch to a community member. The artsbased social service organization handed out free meals at its facility at Seventh and New Jersey streets in honor of Martin Luther King Jr. Day. A local arts-based social service organization handed out free lunches to the community Monday as part of Martin Luther King Jr. Day.

The 18- to 24-year-old students in the Arts Train program at Van Go, 715 New Jersey St., helped prepare the meals under the direction of local chef Raven Naramore. The effort was in partnership with Sunrise Project, Checkers Foods and Wheatfields Bakery, among others.

The 150 pasta meals, which included meat and vegetarian options, were given out on a first-come, first-served basis at the organization's parking lot.



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Students at Van Go Inc. took a break from the kitchen on Monday to pose for a photo. Van Go provided free pasta meals to the community as part of a drive-thru food event to celebrate Martin Luther King Jr. Day.